

THE PRIDE CHILDREN'S CENTRE - 0151 443 3257

	MON	TUES	WED	THURS	FRI
A M	English (Entry Level) 9.30am - 11.30am	Little Explorers (D) 11.00am - 12.00pm		Little Adventurers (D) 9.30am - 11.00am	
P M		Baby Massage (B) 1.30pm - 2.30pm	Baby Explorers (D) 1.30pm - 2.30pm	Bosom Buddies 1.00pm - 3.00pm	Little Adventurers (D) 1.30pm - 3.00pm

THE STAR CHILDREN'S CENTRE - 0151 443 5666

	MON	TUES	WED	THURS	FRI
A M		Little Adventurers (D) 9.30am - 11.00am	Baby Explorers (D) 9.30am - 10.30am	Stay & Play (C) 9.30am - 11.00am	Crocheting Course (Level 1) 10.00am - 12.00pm
P M		Little Explorers (D) 1.30pm - 2.30pm		Cake Decorating Course (Level 1) 12.00pm - 3.00pm	Baby Massage (B) 1.30pm - 2.30pm

NORTHWOOD CHILDREN'S CENTRE - 0151 443 5442

	MON	TUES	WED	THURS	FRI
A M		English (Level 2) 9.30am - 11.30am Maths (Level 2) 11.00am - 12.30pm	Mentoring (Level 2) 9.30am - 12.00pm		
P M					Maths (Level 2) 1.00pm - 3.00pm

THE EDEN CHILDREN'S CENTRE

Due to work being carried out on Westvale Primary School, unfortunately we have had to cancel all scheduled sessions at The Eden Children's Centre for this term. Please check what we have on at our other centres.

SOUTHMEAD CHILDREN'S CENTRE - 0151 443 4531

	MON	TUES	WED	THURS	FRI
A M				Bump Baby & Me (B) 10.00am - 12.00pm starts 11/01/18	Baby Massage (B) 9.30am - 10.30am
P M			Little Adventurers (D) 1.00pm - 2.30pm Maths & English 1.00pm - 4.00pm		

COMMUNITY VENUES

	MON	TUES	WED	THURS	FRI
A M		Bosom Buddies 11.00am - 1.00pm (Tesco, Prescot)		Baby Explorers (D) 9.30am - 10.30am & 11.00am - 12.00pm Tesco, Prescot	Infant Feeding Clinic 10.00am - 12.00pm Whiston Hospital
P M		Baby Club 1.00pm - 3.00pm Whiston Resource Centre Baby Massage (B) 2.00pm - 3.00pm Tesco, Prescot Breastfeeding Workshop 5.30pm - 7.00pm St Chad's Health Centre (Last Tues of the month)		Little Explorers (D) 1.30pm - 2.30pm Tesco, Prescot Baby Club 1.00pm - 3.00pm Prescot Resource Centre Baby Club 1.00pm - 2.45pm St. Chad's Health Centre	Baby Club 1.00pm - 2.30pm Tower Hill Clinic

Please Note

We now have a new key colour for our activities & below is what the colours mean:

- Red - (B) Need to book a place
- Blue - (D) Drop in
- Green - Adult Education Courses
- Purple - (C) Community Led
- Black - Health Led Sessions

Invitation only Early Years time limited activities.

All children and adults learn and develop differently, occasionally some facilities benefit from an activity with limited numbers in attendance, the following activities offer this opportunity.

Baby Explorers - a 6 week course for babies aged 0 - 12 months of age focusing on aspects of child development including: personal, social and emotional development, physical development, communication & literacy, maths.

Little Explorers - a 6 week course for babies aged 12 - 24 months of age focusing on aspects of child development including: personal, social and emotional development, physical development, communication & literacy, maths.

Chatterbox - An early years course to support pre-school children aged 2 - 3 years with their speech and language development

Smiley Days - A programme for parents/carers of children following a referral to the Child Development Team. The programme is co-facilitated by a Speech & Language Therapist, Portage Early Support Practitioner, Paediatric Physiotherapy Assistant Practitioner and a Family & Child Development Practitioner. Invitation only programme.

If you feel you and your family would benefit from accessing one of the above activities please contact your local Children's Centre and speak to a Family and Child Development Practitioner. Alternatively you and your family can attend the drop in sessions as advertised on the timetable.

**M.A.T.C.H
(Men and their Children)**

A Community Led Stay and Play Session for Dads, Grandads, Uncles and all male carers to come along with their children aged 0 - 5 years.

This session takes place every **Saturday 10.00-11.30am at Tesco Community Space, Cables Retail Park, Prescot**



Monday 12pm - 2pm St Andrews Church
3 St Andrews View, Kirkby, L33 1ZF

Tuesday 11am - 2pm The Pride Children's Centre
There will also be someone available to offer debt advice.

Wednesday 11.30am - 2pm Salvation Army Prescott,
Warrington Road, Prescott, L35 2UA

Friday 11am - 2.30pm Changing Lives,
101 - 105a Cherryfield Drive, Kirkby, L32 8SA

Contact the foodbank: 0151 546 0470 or 07731789794
Email: info@knowsley.foodbank.org.uk
Website: www.knowsley.foodbank.org.uk

The Pride is a registered voucher holder.

Like us on  Kirkby Children's Centres

Like us on  Whiston Area Children's Centres

Follow us on  @KirkbyCCentres1

Follow us on  @WhistonCC

Follow us on  @kirkbychildrenscentres

The Pride, The Star and Southmead Children's Centres have beautiful sensory rooms.
To book, please contact your local Children's Centre

SESSION DESCRIPTIONS

Drop in Sessions:

Baby Explorers – for babies aged 0 – 12 months of age. Activities for you and your baby including sensory play, song time and more.

Little Explorers – for children age 12 – 24months of age. Activities for you and your child including sensory play, parachute games, song time and more.

Little Adventurers - Fun filled sessions where you and your children can meet other families in a warm & welcoming environment and engage in quality play time. You will also be provided with activity ideas you can take home with you to do with your child.

In all our drop in sessions we have 'Circle Time' at the beginning of each session to welcome all children and sing 'Hello' - could we ask where possible families arrive as close to the start

Bookable sessions:

Baby Massage - this is a 5 week course for infants aged 4 weeks - 6 months. The course promotes bonding and helps reduce difficulties such as wind, colic, constipation and irregular sleeping patterns.

Getting to know your baby - Helping identify ways to comfort baby while learning how they will develop, learn and grow.

Health Sessions:

Baby Club - Parents/carers can bring their babies to be weighed and measured as well as speak to a Health Visitor or Child Health Nurse about your baby.

Bosom Buddies - A session for ante-natal and post natal parents to receive information and support. Siblings are welcome to.

Bump Baby & Me - A 7 week pregnancy course, start any time after your 12 week scan. Please call 0151 443 5301 to enquire about attending.

Adult Education:

A wide range of Adult Education courses take place within all Children's Centres across Knowsley—if you would like any further information about courses available and how to book on please contact a member of Knowsley's FACE team 0151 443 2026 or have a look at the course booklet online <http://www.knowsleyface.org.uk/>

Knowsley Children's Centres

“Supporting Children and Families to Reach their Full Potential”

Kirkby, Whiston & Prescott

Winter

TIMETABLE

15th January 2018 to 31st March 2018

The Pride Children's Centre
2 Simonswood Lane, Northwood, Kirkby, L33 5YP
0151 443 3257

The Star Children's Centre
St. Andrew's View, Tower Hill, Kirkby, L33 1ZF
0151 443 5666

Southmead Children's Centre,
Sherwood Drive, Whiston, L35 3XZ
0151 443 4531

Northwood Children's Centre
Roughwood Drive, Northwood, Kirkby, L33 8XD
0151 443 5442

The Eden Children's Centre
Milverley Road, Westvale, Kirkby, L32 0RQ
0151 443 5666

Tesco Community Space,
Cables Retail Park, Steeley Way, Prescott L34 5NQ

www.knowsleychildrenscentres.co.uk

